

OVERVIEW OF THE PUBLIC MENTAL HEALTH SYSTEM
IN CALIFORNIA

MARCH 15, 1984

LEGISLATIVE ANALYST
STATE OF CALIFORNIA
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Table 1

State Hospital Services for the Mentally Disabled

A. Types of clients in 1984-85	<u>Average Population</u>	<u>Annual Cost Per Client</u>	<u>Total Cost (in millions)</u>
County-admitted clients	2,543	\$56,244	\$143.0
Judicially committed clients	1,969	45,244	86.1
Other clients	<u>469</u>	<u>45,064</u>	<u>21.1</u>
Totals	4,981	\$50,241	\$250.2

B. Hospital data for 1984-85	<u>Average Population</u>	<u>Annual Cost Per Client</u>	<u>Total Cost (in millions)</u>	<u>Number of Employees</u>
Atascadero	1,134	\$41,754	\$47.3	1,532
Camarillo	610	60,928	37.2	1,113
Metropolitan	955	57,883	55.3	1,598
Napa	1,274	49,534	63.1	2,021
Patton	<u>1,008</u>	<u>46,973</u>	<u>47.3</u>	<u>1,310</u>
Totals	4,981	\$50,241	\$250.2	7,574

C. Population and length of stay (various years)	<u>Average Population</u>	<u>Number of Annual Discharges</u>	<u>Average Length of Stay</u>
1. County-admitted clients			
a. Involuntary clients			
72-hour observation	40	625	4 days
14-day treatment	147	2,893	10 days
180-day treatment	17	40	82 days
Temporary conservatorship	153	699	41 days
Conservatorship	1,711	1,587	305 days
b. Voluntary clients	454	2,495	83 days
2. Judicially committed clients			
a. Not guilty by reason of insanity			
Homicide	218	23	7.7 years
Robbery	62	20	2.7 years
Assault	394	79	2.4 years

Burglary	42	14	1.7 years
Rape, child molestation, other sexual offenses	78	9	3.5 years
Arson	78	19	2.7 years
Other	79	35	N/A
Mentally disordered sex offender	584	364	2.5 years

b. Incompetent to stand trial 382 540 N/A

3. Other clients

Contract drug program	87	1,378	N/A
Contract alcohol program	42	286	N/A
Department of Corrections clients	32	43	N/A
Youth Authority clients	59	56	N/A
Other	61	65	N/A

Table 2

Publicly Funded Local Mental Health Services
1982-83 Estimates

	<u>Beds</u>	<u>Total Cost (in millions)</u>	<u>Annual Cost</u>
A. 24-hour care			
1. Short-Doyle funded			
State hospital (county patients)	2,524	\$125.9	\$49,872 per bed
Local hospital	997	106.0	101,144 per bed
Psychiatric health facilities	180	14.0	83,900 per bed
Crisis residential	180	5.5	33,000 per bed
Transitional residential	710	15.3	23,000 per bed
Long-term residential	145	3.2	23,500 per bed
Out-of-home placements	285	2.4	9,500 per bed
Jail inpatient	45	2.3	55,000 per bed
Skilled nursing facility-- special programs	--	4.3	N/A
2. Medi-Cal funded			
Local hospital	427	30.7	71,949 per bed
Skilled nursing facilities	6,500	91.0	14,000 per bed
Subtotals, 24-hour care	11,652	\$400.6	\$34,150 per bed
B. Outpatient care			
1. Short-Doyle funded			
a. Day treatment programs			
Intensive care		\$37.5	\$70 per day
Habilitative care		19.5	\$43 per day
Vocational (workshops)		5.3	\$25 per day
Socialization activities		5.7	\$18 per day
b. Clinic services			
Assessments		8.7	\$79 per case
Individual therapy		75.7	\$67 per visit
Group therapy		13.4	\$44 per visit

Medication visit	20.6	\$53 per visit
Collateral services	3.3	\$51 per visit
Crisis intervention	28.4	\$170 per case
c. Continuing care services		
Conservatorship investigations and administration	11.5	N/A
Case management and social services	16.3	N/A
d. Community services	40.6	N/A
2. Medi-Cal funded		
Psychiatrist services	23.1	\$63 per claim
Psychologist services	10.4	\$54 per claim
Clinic services	<u>2.1</u>	\$60 per claim
Subtotal, outpatient care	\$324.5	
Total	\$725.1	

C. Residential services funded by
Supplemental Security Income/
State Supplementary Payment
(SSI/SSP) welfare program

	<u>Mentally Disabled Individuals</u>	<u>SSI/SSP Monthly Grants</u>
o Unsupervised housing in apartments, hotels, etc.	80,000 to 90,000	\$477
o Licensed board and care	up to 35,000	\$539

Table 3
 County Short-Doyle Program Revenues and Expenditures
 1982-83 Estimates

	<u>Amount</u> <u>(in millions)</u>	<u>Percent</u>
A. Revenues		
1. State General Fund allocations ^a	\$343.5	68.0%
2. Required county matching funds	47.2	9.3
3. Voluntary county overmatch	29.0	5.7
4. Federal Medi-Cal funds	43.8	8.7
5. Federal block grant funds	8.6	1.7
6. Patient fees	7.3	1.4
7. Patient insurance	10.6	2.1
8. Medicare billings	<u>15.5</u>	<u>3.1</u>
Totals	\$505.5	100.0%
B. Expenditures		
1. Program administration	\$69.8	13.8%
2. 24-hour care (excluding state hospitals)	153.0	30.3
3. Day treatment programs	64.1	12.7
4. Outpatient services	150.1	29.7
5. Continuing care services	27.8	5.5
6. Community services	<u>40.6</u>	<u>8.0</u>
Totals	\$505.5	100.0%

a. Includes Office of Mental Health Social Services allocations. Excludes state hospital services.

Table 4

Selected Short-Doyle Program Service Data

A. Length of care for patients who received more than one unit of service in 1980-81

24-hour hospital	12 days
Other local 24-hour facilities	40 days
Day treatment program	57 partial days
Outpatient clinic	14 visits

B. Percentage of local program patients involuntarily treated in 1980-81

24-hour hospital	78.9%
24-hour nonhospital	35.0
Day treatment program	40.8
Outpatient	18.3

C. Number of persons involuntarily detained and treated in 1982-83

	<u>Individuals</u>
72-hour evaluation and treatment	71,650
14-day intensive treatment	30,467
Temporary conservatorships	8,750
Conservatorships	11,790

D. Ethnic distribution of persons served in 1980-81

	<u>White</u>	<u>Black</u>	<u>Hispanic</u>	<u>Asian</u>	<u>Other</u>
Percent of mental health patients	69.9%	16.4%	10.2%	1.3%	2.1%
Percent of statewide population	66.6	7.5	19.2	5.3	1.4